#### FLOUR TORTILLA CHARACTERISTICS & MICRO INGREDIENT FUNCTIONALITY WITH CURRENT TREND USAGE

#### Anita Srivastava, Ph.D., CFS



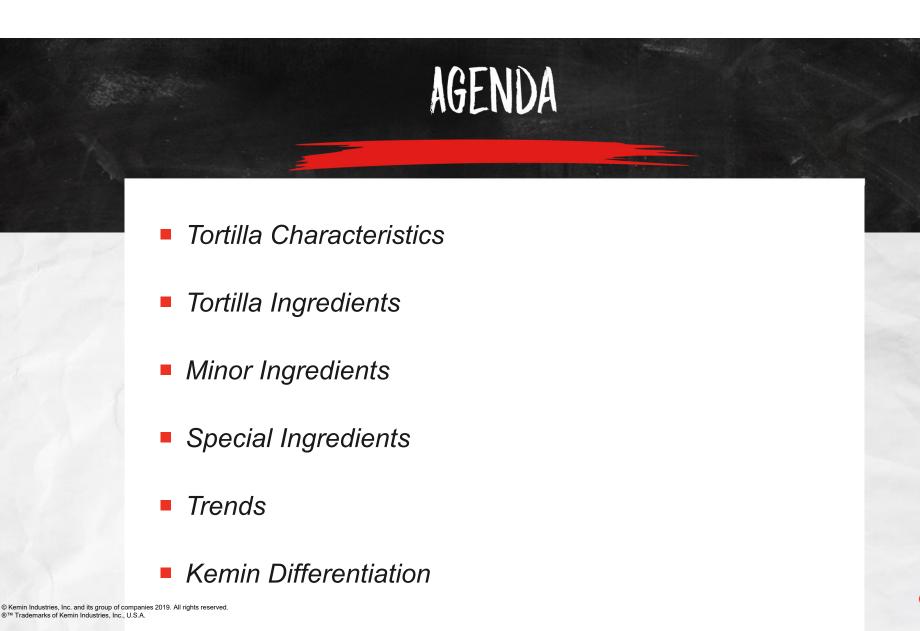
#### KEMIN INDUSTRIES, INC.

Approximately **2,800 employees** worldwide Manufacturing plants located in **15 countries** Business operations in more than **90 countries** More than **\$900M** annual revenue More than **500 patents** and applications



Founded in 1961 by R.W. & Mary Nelson Independently owned by the Nelson family







#### HISTORY OF TORTILLAS

- The Tortilla word comes from the Spanish word "Torta" meaning round cake-like
- History of Corn Tortilla goes back to 10,000 BC
- Spaniards brought wheat to the new world in 1519, creating wheat tortillas
- The Tortilla is type of flat bread
- Some other examples of flat bread are:
  - Khubz
  - Lavash
  - Pita
  - Roti
  - Naan
  - Parantha





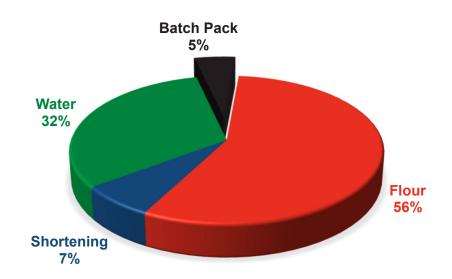
#### TORTILLA CHARACTERISTICS

- Uniform round shape with evenly distributed blisters
- White with opacity or translucence
- Uniform edges with soft texture
- Excellent rollability and stretchability
- Good foldability
- Resistance to cracking or breaking
- No zippering; no sticking
- Optimal shelf-life (NO MOLD)



### BASIC INGREDIENTS

Basic Ingredients: Flour, Shortening, Water, & *Minor Ingredients* 





## WHEAT FLOUR: A MAJOR INGREDIENT

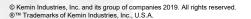
#### Wheat Flour Components and Functionality

Components	Approx	Functionality
Starch	65-70%	Helps in water binding, provide texture and color
Gluten	7-16%	Gluten network, gas holding, extensibility
Arabinoxylans	1-3%	Water binding, texture

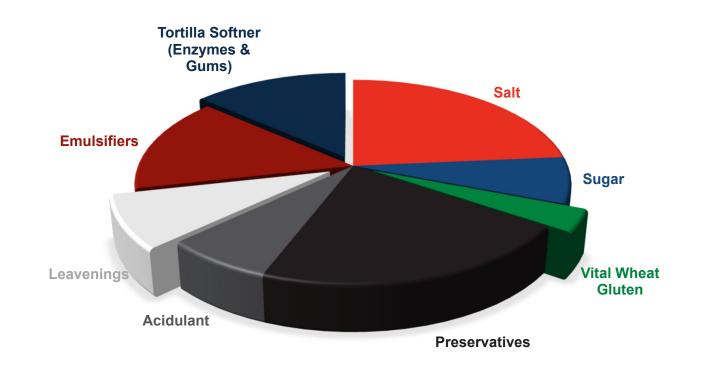


Minor Ingredients <5.0 %: complex blend of:

- Leavening system
- Preservative system
- Emulsifiers
- Dough Softeners
- Dough Strengtheners
- Tortilla Softeners









#### Salt

- Taste modifier
- Salt strengthens and toughens the gluten network
- Reduces the stickiness of the dough
- Reduces the water activity of the product, increasing shelf life

#### Sugar

- Taste modifier
- Provides moistness to tortilla
- Toast points





Leavenings: made with leavening base and leavening acids Leavening base:

- Sodium bicarbonate, generate CO<sub>2</sub>
- Finer particles will dissolve faster than larger particles
- Based on Tortilla characteristics, CO<sub>2</sub> release is controlled.
- Sometimes formula also involves encapsulation of sodium bicarbonate to release CO<sub>2</sub> at baking stage

Reference: Heidolph, 1996; Brose and Becker, 2001



Leavening Acids:

• SALP, SAPP, SAS

Leavening acid reacts under three conditions

- 1. Dough Stage: (SAPP)
- 2. Time delayed: (SAPP)
- 3. Temperature activated (SAS & SALP)

**Neutralizing Value (NV)** 

• NV is the measure of available acidity in leavening acids. The value is used to determine the amount of acid or acids required to produce neutral pH.

SAPP: Sodium Acid Pyrophosphate, SAS: Sodium Aluminum Sulfate, SALP: Sodium Aluminum Phosphate

Reference: Heidolph, 1996; Brose and Becker, 2001



#### MINOR INGREDIENTS: PRESERVATIVES & ACIDULANTS

Preservatives	Salts	Effective pH	Effective on microbes
Propionic Acid	Calcium Propionate/Sodium Propionate	pH< 5.5	Yeast, Mold
Sorbic Acid	Potassium Sorbate	pH<6.5	Yeast, Mold
Benzoic Acid	Sodium Benzoate	pH<4.5	Yeast, Mold, Bacteria
Parabens	Methyl Paraben/Propyl Paraben	рН: 4-8	Yeast, Mold, Bacteria

Reference: Smith et al, 2004

© Kemin Industries, Inc. and its group of companies 2019. All rights reserved. ®™ Trademarks of Kemin Industries, Inc., U.S.A. KEMIN

#### TYPES OF MICROBIAL SPOILAGE



Mold Most Common

Yeast Chalky Spots Bacteria Precedes Mold Growth (A<sub>w</sub> above 0.86)



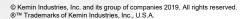
#### MINOR INGREDIENTS: TYPICAL MICROBIAL SPOILAGE





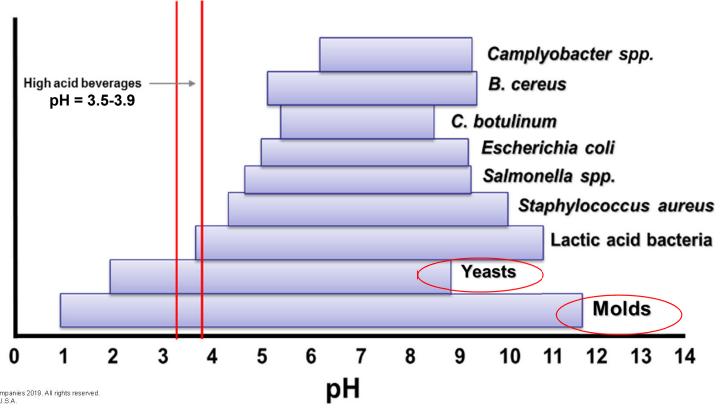
#### **Preservatives/Acidulants – pH control**

- pH control is critical for antimicrobial agents to function effectively
- Fumaric acid is the pH modifier most commonly used
- Fast dissolving acids (e.g. citric acid, malic acid) will interfere with baking action
- In White Tortilla: CO<sub>2</sub> gets released at hot press/baking stage
  - CO<sub>2</sub> should be retained for tortilla to be opaque and puffy
  - Thus the need to use fumaric acid



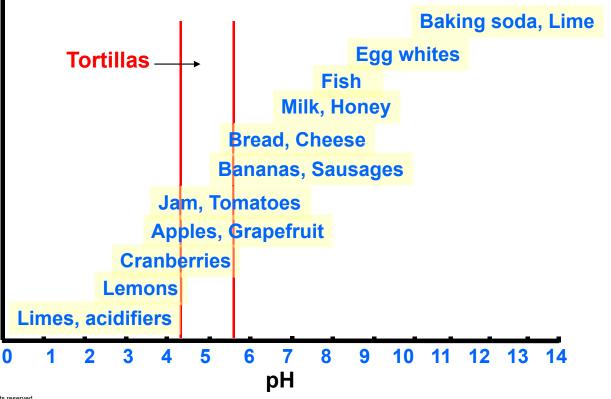


#### PH REQUIREMENTS FOR FOOD MICROBES





#### PH OF SELECIED FOODS



© Kemin Industries, Inc. and its group of companies 2019. All rights reserved. ®™ Trademarks of Kemin Industries, Inc., U.S.A. KEMIN

#### **Emulsifiers**

- Primarily used to improve dough softness and extensibility, uniform outside edge
- Emulsifiers are complex molecules with water and fat soluble end
- DATEM/SSL improves machinability by interacting with gluten and starch
- Mono-Diglycerides complexes with amylose reduce stickiness and staling

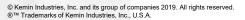
SSL: Sodium Stearoyl-2- Lactylate, DATEM: Diacetyl Tartaric Acid Ester of Mono- and Diglyceride

© Kemin Industries, Inc. and its group of companies 2019. All rights reserved ®™ Trademarks of Kemin Industries. Inc., U.S.A. Reference: Serna-Saldivar, et al, 1988



#### Hydrocolloids

- Improve shelf-life by retaining more moisture
- Increase water absorption of dough
- Make it more stable for overmixing.
- Improve gluten development
- Most commonly used gums: Guargum, Carboxymethyl cellulose, Xanthan Gum, etc





#### **Dough Conditioners**

- Reducing agents
  - Weaken the gluten matrix
  - Reduce dough elasticity
  - Reduce mixing time
  - e.g., L Cysteine, Sodium metabisulfite, enzymes, yeast
- Oxidizing agents:
  - Strengthen the gluten structure hold the CO<sub>2</sub>
  - e.g., ascorbic acid, enzymes

Reference: Serna-Saldivar, et al, 1988



### SPECIAL INGREDIENTS: ENZYMES

Enzyme Type	Function in Tortilla
Amylases	Modification of gelatinized starch to prevent or delay crystallization
Oxidases	Modification of gluten protein to improve gluten strength
Proteases	Modification of gluten to prevent strong gluten network; improves machinability
Pentosanases (Xylanses)	Breakdown polysaccharides to release water and generate structures that bind more water
Lipases	Modification of fat to generate emulsifier like structure

Reference: Miguel et al, 2013

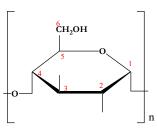


### SPECIAL INGREDIENTS: WHEAT FLOUR

Wheat flour contains 65-70% starch Starch has two components:

- 1. Amylose-linear glucose polymer (20-25%)
- 2. Amylopectin: Branched glucose polymer (75-80%)





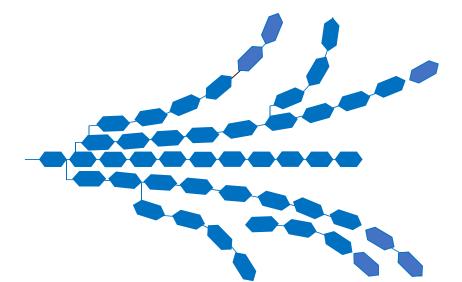
**Amylose**:  $\alpha$ -linked glucose units (Glucan)  $\alpha$ , 1 $\rightarrow$ 4 linkage

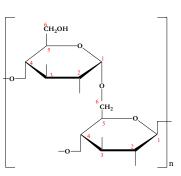
© Kemin Industries, Inc. and its group of companies 2019. All rights reserved. ®™ Trademarks of Kemin Industries, Inc., U.S.A. Reference: Buelon et al, 1998



### SPECIAL INGREDIENTS: WHEAT FLOUR

Amylopectin: Branched glucose polymer





**Amylopectin**:  $\alpha$ , 1 $\rightarrow$ 4 and  $\alpha$ , 1 $\rightarrow$ 6 linked glucose units (Glucan)

Reference: Buelon et al, 1998



### SPECIAL INGREDIENTS

#### **Starch Water Interaction During Mixing**

- Gelatinization: In the presence of water and heat starch absorb water and swells up; loses its crystalline structure, viscosity increases
- Retrogradation: After gelatinization starch tend to regain its crystalline structure
- Staling of tortilla: Loss of freshness of tortilla due to retrogradation, tortilla become harder and loses its foldability



### SPECIAL INGREDIENTS

#### Activity of various amylase

Degree of Polymerization (DP) DP1: Glucose DP2: Maltose DP3-12: Oligosaccharides

- α-amylase
- Amyloglucosidase
- Maltogenic amylase



#### Tortilla Trends

- Clean Label/ Familiar Label
- Low Carb or Reduced Carb
- Low Sodium
- Freeze-Thaw Style
- Gluten Free
- High Vegetable Protein

All variants are either Burrito style or Gordita Style (AEMIN

### TORTILLA VARIANTS

#### Translucent: Foodservice/Burrito Style

- Flexible, stretchy
- With and without gluten
- Low priced
- Not much variation in formula form customer to customer
- Mostly used for Burritos

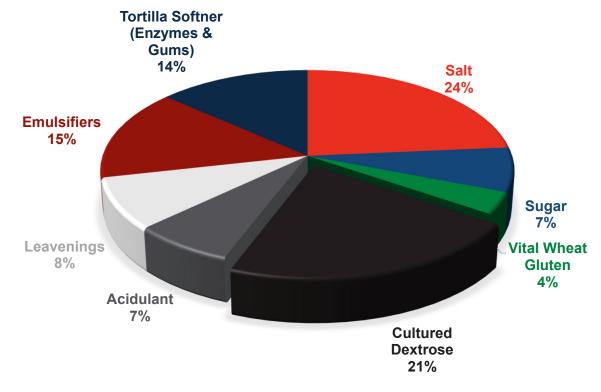
#### White and Puffy: Gordita/Casera Style

- Thick and puffy
- Toast points vary form brown to black
- High in leavening content, puffy
- Customers are very picky in this variant, specific toast points, puffiness, thickness, etc.
- High priced
- Very customer specific
- Mostly used as table tortilla, fajita, tacos, Quesadilla





### TORTILLA TRENDS: CLEAN LABEL

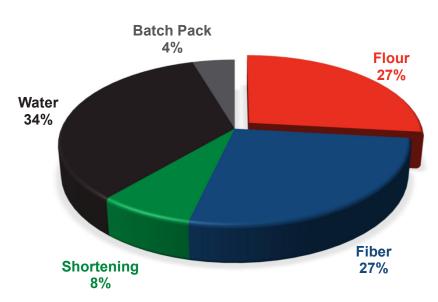




#### TORTILLA TRENDS: LOW CARB / HIGH FIBER

#### TORTILLA: HIGH FIBER INGREDIENTS

- Wheat Flour will be replaced by fibers & Gluten
- Water absorption will increase





- Increased demand of tortilla variants
- Increased complexity of ingredients/innovation
- Update with functionality and regulatory status
- Strong technical support
- Reduced cost (inventory and labor)
- Tortilla manufacturer has to focus on productivity, line efficiency and evolve with market trend in finished product tortilla.

### TORTILLAS: KEMIN DIFFERENTIATION

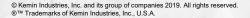
- Ingredient evaluation (e.g. flour, shortening)
- Consistency in product, every batch is analyzed for actives using advanced instrumentation













#### **Customer Laboratory Services**

A highly experienced technical team that understands the synergies of ingredient behaviors

- Application and formulation expertise



### SHIELD® BAKERY PRESERVATIVE

Actives	Shield Product	Handling
Propionate / parabens	SHIELD CT	Buffered
Propionic / phosphoric/ parabens	SHIELD NXT	Corrosive
Propionate / benzoate	SHIELD CT B	Buffered
Propionic/ phosphoric	SHIELD T	Corrosive
Propionate / sorbate	SHIELD FL	Buffered
Propionate	SHIELD NCD/NA/CA	Buffered





#### **Product Application Department**

We offer application technology, expertise and services to maximize our product value

Dry & liquid product applicators

KEMI

- Monitoring services
- Application workshops

### APPLICATION EQUIPMENT

- Automatically injects preservative into water line ideal dispersion & effectiveness
- Controlled by impulse from water meter or grinder motor
- Accurate: +/- 1%
- Fail-Safe: Flow sensors, empty drum indicators, check valves
- Totalizer allows enumeration of how much added over time quality and inventory measurement or remote printout

#### Central Application System



#### **Batch Applicator**







### REFERENCES

- https://muehlenchemie.de/downloads-future-of-flour/FoF\_Kap\_18-5.pdf: 18.5 Enzymes pp.229-238
- 2. Source: Goesaert H, Brijs K, Veraverbeke WS, Courtin CM, Gebruers K, Delcour JA. 2005. Wheat flour constituents: how they impact bread quality, and how to impact their functionality. Trends Food Sci Tech 16:12–30
- 3. https://en.wikipedia.org/wiki/Wheat\_tortilla
- Oart, M.V. 2010. Enzymes in bread making. In: Enzymes in Food Technology (Eds. Oart, M.V, Whitehurst, R. J). Willi Blackwell, Blackwell Publishing Ltd, Iowa pp. 119-159
- Smith, J. P., Daifas, D. P., El-Khoury, W., Koukoutsis, J., El-Khoury, A. 2004. Shelf Life and Safety Concerns of Bakery Products—A Review. Critical Reviews in Food Science and Nutrition, Critical Reviews in Food Science and Nutrition, 44:1, 19-55
- 6. Heidolph, B. B. 1996. Designing chemical leavening systems. Cereal Foods World 41:118-126.
- 7. Brose, E., and Becker, G. 2001. Chemical Leavening Agents. Pages 10-54. Chemische Fabrik Budenheim. Rudolf A. Oetker. Budenheim, Germany.
- Friend, C. P., Waniska, R. D., Rooney, L. W. 1993. Effects of hydrocolloids on processing and qualities of wheat tortilla. Cereal Chem. 70 (3):252-256
- 9. Buelon, A. Colonna, P. Planchot, V., Ball, S. 1998. Starch Granules: Structure and Biosynthesis. Int. J. Bio. Macromol. 23(2):85-112
- Oart, M.V. 2010. Enzymes in bread making. In: Enzymes in Food Technology (Eds. Oart, M.V, Whitehurst, R. J). Willi Blackwell, Blackwell Publishing Ltd, Iowa pp. 119-159
- 11. Serna-Saldivar, S. O., Rooney, L. W., and Waniska, R. D. 1988. Wheat flour tortilla production. Cereal Foods World 33:855-863.
- Miguel, A.S.M., Souza Martins-Meyer, T., Figueiredo, E. V. D. C., Paulo Lobo, B. W., Dellamora-Ortiz, G. M. 2013. Enzymes in Bakery: Current and Future Trends. Chapter 14, pp 287-320



# QUESTIONS?

