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WHEAT TORTILLA: INTERDEPENDENCE OF STRENGTH AND FRESHNESS IN SHELF-LIFE PERFORMANCE

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Recognizing the signs in traditional bread baking

NEED TO IMPROVE STRENGTH vs FRESHNESS

Effects mostly related to gluten network development

- Bread volume
- Baked product overall shape
- Crumb structure and uniformity
- Crust quality and definition of crust cuts
- Dough stability and processability
- Compensation for ingredients diluting the gluten matrix (i.e. bran, fibres, inclusions)
- Need to upgrade of weak flours

Effects mostly related to starch retrogradation

- Bread crumb firming: hardness increase
- Development of crumbliness
- Decline in resiliency

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- Crumb less foldable and pliable
- Development of a leathery crust
- Decrease of moistness perception



MOST COMMON ADDITIVES IN BREAD BAKING

Strength: direct or indirect effect on gluten



Freshness: effect on starch retrogradation



- Ascorbic acid (E300)
- Emulsifiers: i.e. DATEM (E472)
- Xylanases
- Lipases
- Oxydative enzymes

• Emulsifiers: Distilled monoglyceride (E471)

- Fresh-keeping amylases
- Some lipases

DOES THIS SIMPLIFICATION EXPLAIN WHEAT TORTILLA BEHAVIOUR ?

Product features related to strength

- Inherent strength of the tortilla matrix
- Robustness in meal preparation
- Resistance to punctures and breakings from filling
- Suitable to tight folding

Product features related to freshness

- Foldability, rollability, pliability in time
- Extensibility in time

MORE OVERLAP

- Freshness perception
- Moistness perception
- Softness

TORTILLA DOUGH QUALITY

Developed gluten network



Poor gluten network

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Based on medium shelf-life solutions

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ADDITIVES WITH A POTENTIAL WEAKENING EFFECT:

Relaxants and reducing agents

Pressed tortilla often require the use of relaxants that offer better dough pressability, particularly to reach large diameters.





These make a more extensible, pressable dough



But, if abused, can weaken of the dough and the final tortilla: Follow the next 3 examples



EXAMPLE 1

Impact of L- cysteine (E920) in tortilla made with medium low quality flour

Break force tortilla

■14 ■28 ■68 e. 1=not foldable without breaking,
 =completely foldable 1000 5 909 900 800 Δ 700 617 607 595 600 Force (g) 501 500 400 300 Foldability score. 5=c 200 100 0 strong flour (W 300) weak flour (W 220): high weak flour (W 220) level of L-cyst altenative relaxant, low level L-cyst

Foldability during shelf life ■14 ■28 ■68 5.0 45 42 42 4.0 3.7 3 2 23 2 0 strong flour (W 300) weak flour (W 220): high weak flour (W 220) level of L-cyst altenative relaxant, low level L-cyst

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Same scaling weight and diameter

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EXAMPLE 2

Impact of sodium meta-bisulphite in tortilla with low quality flour



SMB 15 ppm Weak flour



SMB 30 ppm Weak flour



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EXAMPLE 3: IMPACT OF INACTIVATED YEAST

Some dough rheology parameters





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EXAMPLE 3: IMPACT OF INACTIVATED YEAST Alveograph detail



Alveograph

- --- Control flour
- inactivated yeast 0.4%fb
- POWERFlex relax 101 low dosage
- POWERFlex relax 101 high dosage

| | W | Р | L | P/L |
|--------------------------------|-----|----|-----|------|
| control flour | 243 | 85 | 82 | 1.04 |
| inactivated yeast | 146 | 61 | 86 | 0.71 |
| L cysteine 30 ppm | 178 | 71 | 86 | 0.83 |
| POWERFlex® Relax 101 low dose | 217 | 64 | 103 | 0.62 |
| POWERFlex® Relax 101 high dose | 182 | 57 | 98 | 0.58 |

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CAN WE FIND ALTERNATIVE RELAXANTS SOLUTIONS ?

Tortilla Extensibility during shelf-life 26 14 24.8 28 24 ■ 68 22 20.9 Distance (mm) 19.8 20 19.0 18.9 18.8 18.4 18 16.8 16 14 12 strong flour (W weak flour (W weak flour (W weak flour (W 220): high level of 220) altenative 220) altenative 300) relaxant, low level relaxant, L-cvst L-cyst strenghtening



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Same scaling weight and diameter

Conclusions:

Consider the impact of relaxants on tortilla performance.

A system like POWERFLEX® RELAX 101 acts as replacement of chemical relaxants like I-cysteine or sulphite. It helps dough relaxation and pressability in speciality tortilla (high protein, large diameter, low fat).



IS THERE A WAY TO STRENGTHEN TORTILLA PRODUCED WITH WEAKER FLOUR?

PERFORMANCE IN SHELF-LIFE

Reference flour:11.5% protein, Alveo W 280-300 Test flour: 9.9% protein, Alveo W 120-150

Changes in foldability during shelf life (days)



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PERFORMANCE IN SHELF-LIFE

Texture Analyser data

Reference flour Alveo W 280-300 Test flour Alveo W 120-150



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PERFORMANCE IN SHELF-LIFE

Texture Analyser data

Break force during shelf-life (days)



Ref flour Alveo W 280-300 Test flour Alveo W 120-150



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CONCLUSION

An opportunely rebalanced system like the POWERFlex[®] 2208 (xanthan, dismo, enzymes) can be used compensate for moderately weak flour, where traditional strengthening offers little improvement



UPGRADING FRESHNESS OF TORTILLA, WHEN FLOUR QUALITY IS LESS OF AN ISSUE

The benefits of

POWERFlex® 2275

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UPGRADING FRESHNESS OF TORTILLA WHEN FLOUR QUALITY IS LESS OF AN ISSUE

Ref premium flour, protein 11.5%, W 280-300 Test flour, protein 11.0%, W 220-240



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POWERFlex® 2275 new high-performance solution

Shelf-life: Texture Analyser data



POWERFLEX® 2275 NEW HIGH-PERFORMANCE SOLUTION

Shelf-life: Texture Analyser data



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Physical work to the break point of tortilla during shelf life

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VARIATION OF HYDROCOLLOID OPTIONS

POWERFlex® 3270 (distilled monoglyceride, citric acid, guar, enzymes)

PERFORMANCE IN SHELF-LIFE IN STANDARD FLOUR

5.0 5.0 5.0 5.0 4.8 5 47 45 Does not break: 43 score 5 4.0 3.7 Break less than 25%: score 4 **7** 28 63 Breaks between 25% and 50%: 91 score 3 ■119 More than 50% breaks: score 2 Breaks completely: score 1 Ref PF 1100 POWERFlex 3270 Reference Improved performance iff

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Foldability during shelf life (days)



IMPROVED PERFORMANCE ALSO IN LOW QUALITY FLOUR

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Low quality flour W 150 High quality flour W 280-300



IMPROVED PERFORMANCE:

Texture Analyser data

Low quality flour W 150 High quality flour W 280-300



Tortilla Extensibility over shelf life (days)





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SUMMARY

- POWERFlex® 2201 standard softness
 module
- POWERFlex® 2208 version with strength components
- POWERFlex® 2275 NEW sustained freshness during shelf-life

Declaration non-palm

- Distilled monoglyceride
- Citric acid
- Xanthan
- Enzyme preparation

POWERFlex® 3270

NEW prolonged softness with more bite and tenacity, sustained freshness during shelf life

Declaration non-palm

- Distilled monoglyceride
- Citric acid
- Guar Gum
- Enzyme preparation



OVERALL CONCLUSION

IFF has expanded the tortilla toolbox for new development and supply chains challenges

In hot pressed wheat tortilla the physical aspects of fresh-keeping are more directly affected by structural aspects (strength) than other fermented bakery products

Wheat tortilla require a dedicated approach to the design of improvers



Capability in tortilla and flatbreads

- Leading supplier to the tortilla industry with POWERFlex[®] systems and enzyme complexes.
- Strong and differentiated functionality basis, single enzymes, emulsifiers, hydrocolloids, fibres, coated acids and specialised fats.
- Exceptional pilot plant facilities for tortilla and some other flatbreads
- Capacity to innovate and create new solutions for customers and the operations to implement new blends and systems.
- Good IP coverage that allowed to enter the tortilla market and defend the position for more than 10 years





GREAT SAMPLES FOR TASTING AVAILABLE AT THE TABLE TOP

EXAMPLE POWERFLEX® 2208 EXAMPLE POWERFLEX® 2275 EXAMPLE POWERFLEX® 3270

THANK YOU FOR YOUR ATTENTION

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